

School Trends has been the supplier of choice to more than 5,000 schools across the UK for over 27 years. Our aim is to provide great quality garments and value for money. All our garments are purpose made for the schoolwear market to ensure they are hardwearing, comfortable and durable.

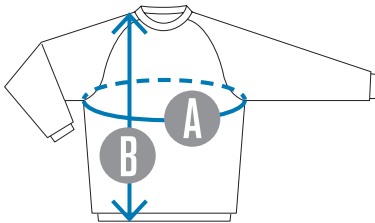
This parents guide is designed to help you select the correct sized garments for your child and provide basic garment care instructions.



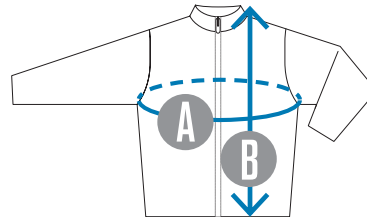
## HOW TO MEASURE

You can either...

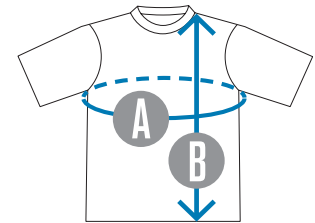
Take a tape measure and measure in inches all around your child's chest or waist and refer to 1) To fit child's chest/waist. Or measure an item of clothing that your child already has in centimetre's and follow the below diagrams referring to the **A** and **B** measurements.



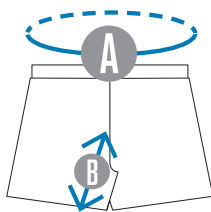
Courtelle, Performa & Performa 50 Knitwear, Sweatshirts, Classic Hoodie & Zoodie, ST Sport Games Top, ST Sport Crew Neck & Hooded Sweatshirt, ST Pro Technical Midlayer, ST Pro Training Top & Contrast Hoodie, Elite Hooded Sweatshirt & Leavers/Events Hoodie



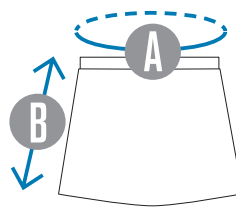
Blazer, Eco Blazer, Business Jacket, Fleece Jacket, Ultimate Reversible Coat, Lightweight Jacket, Urban Jacket, ST Pro Touchline, Waterproof & Softshell Jackets, Panelled Reversible PE Shirt, Fully Reversible PE Shirt, Plain/ Reversible Rugby Shirt



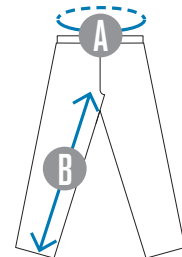
Polo Shirts, ST Sport Unisex & Fitted Polo's, ST Sport T-Shirt, ST Pro Technical Polo, T-Shirt & Training Shirt, ST Pro Premium Polo, Classic T-Shirt, Elite Fitted Sports Polo & Elite Unisex Polo



ST Sport Shorts & Skort, ST Pro Baselayer Shorts, ST Pro Technical & Poly Twill Shorts, Elite Sports Shorts, New Zealand Rugby Shorts, Performance Shorts, Classic Shorts & Panelled Shorts



Pleated Skirt, Tartan, Girls Skirts, ST Pro Quick Dry Skort, Elite Sports Skort, Skort & PE Skort



Boys & Girls Trousers, ST Pro Showerproof Pants, ST Pro Soft Track Pants, ST Pro Spandex Leggings - Unisex & Female Fit, Performance Track Pants

**Please note:** Finished length measurements for tops, dresses and jackets are taken from the shoulder neck point to hem including rib trims if applicable. However Blazers are measured from the centre back. Please allow for 5% commercial tolerance.

## MAIN UNIFORM - GARMENT SPECIFICATION

Girls Blazer													
Size (Inches)	28"	30"	32"	34"	36"	38"	40"	42"	44"	46"	48"	50"	52"
A) Chest (cm)	86.5	91.5	96.5	101.5	107	111.5	116.5	122.5	127.5	132.5	137.5	142.5	145
B) Length (cm)	58.5	61	63.5	68.5	70.5	71.5	72.5	73.5	74.5	76	78	80	80

Boys Blazer													
Size (Inches)	28"	30"	32"	34"	36"	38"	40"	42"	44"	46"	48"	50"	52"
A) Chest (cm)	86.5	92	96.5	101.5	107	111.5	116.5	121.5	126.5	131.5	134	136.5	139
B) Length (cm)	58.5	62	66	71	73.5	76	76.5	77.5	78.5	79.5	80	80.5	81

Eco Blazer - Boys - NEW													
Size (Inches)	28"	30"	32"	34"	36"	38"	40"	42"	44"	46"	48"	50"	52"
A) Chest - doubled (cm)	71	76	81.5	86.5	91.5	96.5	102	107	112	117	122	127	132
B) Length (cm)	59	64	69	73	75	77	78.5	79.5	80	80.5	80.5	81	81

Eco Blazer - Girls - NEW													
Size (Inches)	28"	30"	32"	34"	36"	38"	40"	42"	44"	46"	48"	48"	48"
A) Chest - doubled (cm)	71	76	81.5	86.5	91.5	96.5	102	107	112	117	117	122	122
B) Length (cm)	57.5	62	65	67	68	70	71	71	72.5	73.5	73.5	74.5	75

Boys Business Jacket - NEW													
Size (Inches)	28"	30"	32"	34"	36"	38"	40"	42"	44"	46"	48"	50"	52"
A) Chest - doubled (cm)	71	76	81.5	86.5	91.5	96.5	102	107	112	117	122	127	132
B) Length (cm)	59	64	69	73	75	77	78.5	79.5	80	80.5	80.5	81	81

Girls Business Jacket - NEW													
Size (Inches)	28"	30"	32"	34"	36"	38"	40"	42"	44"	46"	48"	48"	48"
A) Chest - doubled (cm)	71	76	81.5	86.5	91.5	96.5	102	107	112	117	117	122	122
B) Length (cm)	58.05	61	63.5	68.5	70.5	71.5	72	72	72.5	73.5	73.5	74.5	76

Courtelle Classic V-Neck Knitted Sweater & Cardigan										
Size (Inches)	32"	34"	36"	38"	40"	42"	44"	46"	48"	48"
A) Chest (cm)	86	92	96	102	108	112	118	122	122	128
B) Length (cm)	61	65	67.5	69	70	71	72.5	72.5	72.5	74

Performa™ 100% Cotton V-Neck Knitted Sweater - Unisex							
Size	11-12yrs	13yrs	S	M	L	XL	XXL
A) Chest (cm)	86	90	96	100	110	120	130
B) Length (cm)	58	60	62	64	69	73	74

Performa™ 100% Cotton V-Neck Knitted Sweater - Girls							
Size	11-12yrs	13yrs	S	M	L	XL	XXL
A) Chest (cm)	76	81	86	91	101	111	121
B) Length (cm)	53	55	57	59	64	68	69

Performa™ 100% Cotton Knitted Cardigan - Unisex							
Size	11-12yrs	13yrs	S	M	L	XL	XXL
A) Chest (cm)	86	90	96	100	110	120	130
B) Length (cm)	58	60	62	64	69	73	74

Performa™ 100% Cotton Knitted Cardigan - Girls					
Size	11-12yrs	13yrs	S	M	L
A) Chest (cm)	80	83	87	91	95
B) Length (cm)	53	55	57	59	64

## GARMENT SPECIFICATION

### Performa 50 Cardigan & Sweater - **NEW**

Size (Inches)	30"	32"	34"	36"	38"	40"	42"	44"	46"	48"	52"
A) Chest - doubled (cm)	80	86	92	96	102	108	112	118	122	126	138
B) Length (cm)	57	61	65	67.5	69	70	71	72.5	72.5	74	79

### Classic Crew Neck Sweatshirt, Classic Hooded Sweatshirt & Classic Zoodie

Size	32"	S	M	L	XL	XXL
A) Chest (cm)	92	96	102	114	122	132
B) Length (cm)	60	63.5	66	68.5	71	75

### Essential Crew & V-Neck Sweatshirt

Size	32"	S	M	L	XL	XXL
A) Chest (cm)	92	96	102	114	122	132
B) Length (cm)	60	63.5	66	68.5	71	75

### Classic & Essential Polo Shirt

Size	32"	S	M	L	XL	XXL
A) Chest (cm)	89	94	99	107	117	128
B) Length (cm)	61	66	71	75	75	77

### Tipped Polo

Size	11-12yrs	13yrs	14-15yrs	S	M	L	XL	XXL
A) Chest (cm)	90	96	102	107	112	117	127	137
B) Length (cm)	61	63.5	66	71	73	75	77	79

### Classic T-shirt

Size	32"	S	M	L	XL	XXL
A) Chest (cm)	92	99	104	112	122	132
B) Length (cm)	62	68	73	75	75	77

### Performance Wear Track Pants

Size	26"	28"	XS	S	M	L	XL	XXL
A) Waist (cm)	56	60	64	68	72	76	80	84
B) Length (cm)	64	67	72	75	76.5	78	78	78.5

### Ultimate Reversible Coat

Size	11-12yrs	13-14yrs	M	L	XL	XXL
A) Chest (cm)	109	115	123	135	143	151
B) Length (cm)	68	72	75	78	81	84

### Fleece Jacket - **NEW**

Size	11-12yrs	13-14yrs	M	L	XL	XXL
A) Chest (cm)	98	104	114	126	132	138
B) Length (cm)	64	68	70	72	75	78

### Lightweight Jacket

Size	9-10yrs	11-12yrs	13-14yrs	S	M	L	XL	XXL
A) Chest (cm)	103	109	115	124	130	134	140	144
B) Length (cm)	64	68	72	75	77	79	81	83

### Urban Jacket

Size	9-10yrs	11-12yrs	XS	S	M	L	XL	XXL	XXXL
A) Chest (cm)	103	109	107	112	117	122	127	132	137
B) Length (cm)	63	67	72	74	76	78	80	82	84

## ST SPORTS & SPORTS - GARMENT SPECIFICATION

ST Sports - Unisex Polo Shirt & T-Shirt						
Size (Inches)	26/28"	30/32"	34/36"	38/40"	42/44"	46/48"
A) Chest - doubled (cm)	73	87	97	109	117	127
B) Length (cm)	53.5	58.5	66	73.5	76.5	76.5

ST Sports - Fitted Polo Shirt						
Size (Inches)	26/28"	30/32"	34/36"	38/40"	42/44"	46/48"
A) Chest - doubled (cm)	75	87	91	97	101	107
B) Length (cm)	53.5	55.5	58.5	61	63.5	66

ST Sports - Games Top						
Size (Inches)	26/28"	30/32"	34/36"	38/40"	42/44"	46/48"
A) Chest (cm)	76	87	97	107	117	127
B) Length (cm)	58	65	71	74	77	79

ST Sports - Crew Neck Sweatshirt & Hooded Sweatshirt						
Size (Inches)	26/28"	30/32"	34/36"	38/40"	42/44"	46/48"
A) Chest - doubled (cm)	81	91	102	117	127	137
B) Length (cm)	52	58	63	68	73	78

ST Sports - Shorts								
Size (Inches)	20/22"	24/26"	28/30"	32"	34"	36"	38"	40"
A) Waist (cm)	46	51	55	59	61	63	66	69
B) Inside Leg (cm)	8.5	10	10	11.5	11.5	11.5	11.5	12.5

ST Sports - Skort								
Size (Inches)	22"	24"	26"	28"	30"	32"	34"	36"
A) Waist (cm)	56	61	66	71	76	81	86	91
B) Length (cm)	33	34	35	36	37	37	38	38

New Zealand Rugby Shorts										
Size (Inches)	26"	28"	30"	32"	34"	36"	38"	40"	42"	44"
A) Waist (cm)	64	64	68	72	76	80	84	88	92	96
B) Length (cm)	10	12	12	12	12	12	12	12	12	12

Performance Shorts						
Size (Inches)	22/24"	26/28"	30/32"	34/36"	38/40"	42/44"
A) Waist (cm)	52	58	64	70	76	82
B) Length (cm)	10.5	11.5	12.5	13.5	14.5	15.5

Classic Shorts					
Size (Inches)	22/24"	26/28"	30/32"	34/36"	38/40"
A) Waist (cm)	46	50	54	58	64
B) Length (cm)	8	9	10	11	13

Panelled Shorts								
Size (Inches)	20/22"	24/26"	28/30"	32"	34"	36"	38"	40"
A) Waist (cm)	45.8	50.8	55.8	58.4	61	63.6	66	68.6
B) Length (cm)	8.9	10.2	10.2	11.4	11.4	11.4	11.4	12.7

Skort						
Size (Inches)	24"	26"	28"	30"	32"	34"
A) Waist (cm)	61	66	71	76	81	86
B) Length (cm)	34	36	36	37	37	38

## SPORTS, ELITE & ST PRO - GARMENT SPECIFICATION

PE Skort							
Size	9/10yrs	11/12yrs	S	M	L	XL	XXL
A) Waist (cm)	56	60	64	70	76	82	88
B) Length (cm)	30	31	32	33	34	35	36

Elite 1/4 Neck Sports Top							
Size (Inches)	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"
A) Chest (cm)	81.2	81.2	96.5	101.6	116.8	127	137
B) Length (cm)	52.7	59.6	63.5	66.4	73.6	77.4	81.2

Elite Fitted Sports Polo Shirt							
Size (Inches)	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	
A) Chest (cm)	75	86.4	88.9	91.4	96.6	101.6	
B) Length (cm)	53.3	55.9	57.1	58.4	61	63.4	

Elite Sports Skort								
Size (Inches)	22"	24"	26"	28"	30"	32"	34"	36"
A) Waist (cm)	56	61	66	71	76	81	86	91
B) Length (cm)	33	34	36	36	37	37	38	38

Elite Hooded Sweatshirt							
Size (Inches)	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"	
A) Chest (cm)	91.4	96.5	101.6	116.8	127	137.2	
B) Length (cm)	59.7	63.5	66	73.7	77.5	81.3	

Elite Unisex Polo Shirt							
Size (Inches)	26/28"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"
A) Chest (cm)	73.8	86.4	91.4	96.6	109.2	116.8	127
B) Length (cm)	53.3	58.4	62.2	66	73.7	76.2	76.2

Elite Sports Shorts							
Size (Inches)	24/26"	28/30"	32"	34"	36"	38"	40"
A) Waist (cm)	50.8	55.8	58.4	61	63.6	66	68.6
B) Length (cm)	10.2	10.2	11.4	11.4	11.4	11.4	12.7

Elite Panelled Reversible PE Shirt & Full Reversible PE Shirt							
Size (Inches)	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"	
A) Chest (cm)	86.4	88.9	96.6	106.8	116.8	127	
B) Length (cm)	61	63.5	68.6	73.7	76.2	78.7	

Rugby Shirt - Plain/Reversible					
Size (Inches)	30/32"	34/36"	38/40"	42/44"	46/48"
A) Chest (cm)	86	96	106	116	126
B) Length (cm)	66	71	74	79	79

ST PRO Technical Polo - NEW								
Size	LY	XS	S	M	L	XL	XXL	XXXL
A) Chest (cm)	90	96	102	108	114	120	126	132
B) Length (cm)	59	65	68	71	73	75	77	80

ST PRO Technical T-Shirt - NEW								
Size	LY	XS	S	M	L	XL	XXL	XXXL
A) Chest (cm)	85	90	100	106	112	120	128	136
B) Length (cm)	55.9	59	68	71	73	75	77	80

## ST PRO - GARMENT SPECIFICATION

ST PRO Premium Polo - <b>NEW</b>								
Size	LY	XS	S	M	L	XL	XXL	XXXL
A) Chest (cm)	90	96	102	108	114	120	126	132
B) Length (cm)	60	66	69	72	74	76	78	81

ST PRO Technical Training Shirt - <b>NEW</b>								
Size	LY	XS	S	M	L	XL	XXL	XXXL
A) Chest (cm)	90	95	100	106	112	120	128	136
B) Length (cm)	59	62	65	68	70	72	74	76

ST PRO Technical Midlayer - <b>NEW</b>									
Size	MY	LY	XS	S	M	L	XL	XXL	XXXL
A) Chest (cm)	88	93	98	104	110	116	124	132	140
B) Length (cm)	59.5	64	68.5	71	73.5	76	78.5	81	83.5

ST PRO Training Top - <b>NEW</b>									
Size	MY	LY	XS	S	M	L	XL	XXL	XXXL
A) Chest (cm)	99	106	113	120	127	134	141	149	157
B) Length (cm)	60.5	65	68.5	72	74	76	78	80	82

ST PRO Colour Contrast Hoodie - <b>NEW</b>									
Size	MY	LY	XS	S	M	L	XL	XXL	XXXL
A) Chest (cm)	98	104	110	116	122	128	134	140	146
B) Back Length (cm)	56.5	61.5	64.5	66.5	70.5	72.5	75.5	78.5	81.5

ST PRO Touchline Jacket - <b>NEW</b>								
Size	LY	XS	S	M	L	XL	XXL	XXXL
A) Chest (cm)	102	108	114	120	126	134	144	154
B) Length (cm)	72	73	74	75	76	77	78	79

ST PRO Showerproof Jacket - <b>NEW</b>									
Size	MY	LY	XS	S	M	L	XL	XXL	XXXL
A) Chest (cm)	98	103	100	108	116	124	132	140	148
B) Length (cm)	59.5	64	73	75	77	79	81	83	85

ST PRO Showerproof Pants - <b>NEW</b>									
Size	MY	LY	XS	S	M	L	XL	XXL	XXXL
A) Waist (cm)	56	58	63	68	73	76	80	84	88
B) Inside Leg (cm)	59	64	69	75	77	79	81	83	85

ST PRO Waterproof Jacket - <b>NEW</b>									
Size	MY	LY	XS	S	M	L	XL	XXL	XXXL
A) Chest (cm)	100	108	116	124	128	134	140	146	154
B) Back Length (cm)	63	68	72	76	78	81	83	85	87

ST PRO Softshell Jacket - <b>NEW</b>									
Size	MY	LY	XS	S	M	L	XL	XXL	XXXL
A) Chest (cm)	86	92	98	104	110	116	122	128	134
B) Length (cm)	54	57	60	63	67	70	72	74	76

ST PRO Base Layer Top - <b>NEW</b>									
Size	MY	LY	XS	S	M	L	XL	XXL	XXXL
A) Chest (cm)	63	68	73	78	82	86	90	94	98
B) Length (cm)	51	56	65	67	69	71	73	75	77

## ST PRO & LEAVERS & EVENTS - GARMENT SPECIFICATION

### ST PRO Base Layer Shorts - NEW

Size	MY	LY	XS	S	M	L	XL	XXL	XXXL
A) Waist - doubled (cm)	51	56	60	64	68	72	76	80	84
B) Inside Leg (cm)	14	15	16	17	17	18	18	19	19

### ST PRO Base Layer Tights - NEW

Size	MY	LY	XS	S	M	L	XL	XXL	XXXL
A) Waist - doubled (cm)	51	56	60	64	68	72	76	80	84
B) Inside Leg (cm)	60	64	64.5	65	65.5	66	67	68	69

### ST PRO Soft Track Pants - Male Fit - NEW

Size	MY	LY	XS	S	M	L	XL	XXL	XXXL
A) Waist - doubled (cm)	58	60	64	68	72	76	80	84	88
B) Inside Leg (cm)	59	65	69	74	77	79	81	83	85

### ST PRO Soft Track Pants - Female Fit - NEW

Size	MY	LY	XS	S	M	L	XL	XXL	XXXL
A) Waist - doubled (cm)									
B) Inside Leg (cm)									

### ST PRO Spandex Leggings - NEW

Size	10/11yrs	12/13yrs	6-8	10-12	14	16	18
A) Waist - doubled (cm)	56	60	64	68	76	84	92
B) Length (cm)							

### ST PRO Technical Shorts - NEW

Size	MY	LY	XS	S	M	L	XL	XXL	XXXL
A) Waist - doubled (cm)	53.6	58	62.6	67	72	81	85.6	90	94.6
B) Inside Leg (cm)	12	12.5	13	13.5	14	15	15.5	16	16.5

### ST PRO Quick Dry Skort - NEW

Size	9/10yrs	11/12yrs	13/14yrs	6	8	10	12	14	16
A) Waist - doubled (cm)	63	67	69	56	61	66	71	76	81
B) Inside Leg (cm)	31	32.5	32.8	31.5	32.8	34	35.3	36.5	37.8

### ST PRO Poly Twill Shorts - NEW

Size	MY	LY	XS	S	M	L	XL	XXL	XXXL
A) Waist - doubled (cm)	59	63	66.6	71.6	76.6	86.6	91.6	98.6	103.6
B) Inside Leg (cm)	32	34	36	38	40	41	42	43	44

### ST PRO Microfibre Tracksuit Jacket - NEW

Size	MY	LY	XS	S	M	L	XL	XXL	XXXL
A) Chest - doubled (cm)	98	103	108	108	116	124	132	140	148
B) Back Length (cm)	57.5	62	68.5	75	77	79	81	83	85

### ST PRO Microfibre Trackpants - NEW

Size	MY	LY	XS	S	M	L	XL	XXL	XXXL
A) Chest - doubled (cm)	58	62	66	65	71	77	92	96	100
B) Inside Leg (cm)	61	66	71	79	81	81	83	83	83

### Leavers & Events Zoodie - NEW

Size	9/11yrs	12/13yrs	S	M	L	XL
A) Chest - doubled (cm)	92	98	102	112	122	130
B) Length (cm)	57	62	67	70	73	76